

4th SUNDAY OF PASCHA
Sunday, May 10
Paralytic

TONE 3

Priest: "Blessed is our God..."

Choir: "Amen."

Priest: "Christ is risen..." (1 time)

Choir: "Christ is Risen..." (2 times)

(And then Psalm 103/104)

"O Lord I have Cried.." Tone 3

O Lord, I have cried unto You, hear me!

Hear me, O Lord!

O Lord, I have cried unto You, hear me!

Receive the voice of my prayer, when I call upon You! //

Hear me, O Lord!

Let my prayer be set forth in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice! //

Hear me, O Lord!

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

Tone 3 *(for the Resurrection)*

By Your Cross, O Christ our Savior,

death's dominion has been shattered;

the devil's delusion destroyed.

The race of man, being saved by faith, //

always offers You a song.

v. (9) The righteous will surround me; for You will deal bountifully with me.

All has been enlightened by Your Resurrection, O Lord.
Paradise has been opened again.
All creation, praising You, //
always offers You a song.

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

I glorify the power of the Father and the Son.
I praise the authority of the Holy Spirit:
the undivided, uncreated Godhead, //
the consubstantial Trinity which reigns forever.

v. (7) Let Your ears be attentive to the voice of my supplications!

(Resurrection stichera by Anatolius)

We bow down in worship before Your precious Cross, O Christ,
and we glorify and praise Your Resurrection, //
for by Your wounds we have all been healed.

v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

We praise the Savior incarnate of the Virgin,
for He was crucified for our sake and resurrected on the third day, //
granting us great mercy.

v. (5) For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.

Christ descended to hell proclaiming the glad tidings:
"Behold! Now I have triumphed!
I am the Resurrection, I will lead you out, //
for I have shattered the gates of death!"

v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

Standing unworthily in Your most pure house, O Christ God,
we offer our evening song, crying from the depths:
You Who enlightened the world
by Your Resurrection on the third day,
O Lover of man, deliver Your people //
from the hand of Your enemies.

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 1 *(Idiomela, from the Pentecostarion)*

With Your pure hand, You created man,
and You came to heal the sick, O compassionate Christ.
By Your word You raised the paralytic at the Sheep's Pool,
and cured the pain of the woman with the issue of blood.
You had mercy on the daughter of the Canaanite woman,
and did not reject the request of the centurion.
Therefore we cry to You: //
"Glory to You, O Almighty Lord!"

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

(Repeat: "With Your pure hand, You created man...")

v. (1) For His mercy is abundant towards us; and the truth of the Lord endures forever.

The Paralytic was like an unburied corpse.
He saw You and shouted: "Lord, have mercy on me!
My bed has become my grave! Why should I live?
What use is the Sheep's Pool to me?
I have no one to put me into the pool when the waters are stirred,
but I come to You, O Fountain of healing.
Raise me up, that with all I may cry to You: //
'Glory to You, O Almighty Lord!'"

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 5 *(from the Pentecostarion)*

Jesus went up to Jerusalem.
He came to the Sheep's Pool, called in Hebrew "Bethesda."
It had five porches, each filled with a multitude of the sick,
for at certain times an Angel of the Lord stirred up the water,
and granted strength to those who approached in faith.
There the Lord saw a man who for many years had been afflicted.
He said: "Do you want to be whole?"
The sick man replied to the Lord:
"I have no man to lower me into the pool when the water is stirred.
I have spent all my wealth on physicians,
but have not been granted mercy!"
Then the Physician of souls and bodies said to him:
"Take up your bed and walk! //"
Proclaim My power and great mercy to the ends of the earth!"

Now and ever, and forever. Amen.

Tone 3 *(Theotokion – Dogmatikon)*

How can we not wonder
at your mystical childbearing, O exalted Mother?
For without receiving the touch of man,
you gave birth to a Son in the flesh, O immaculate Virgin.
The Son born of the Father before eternity
was born of you at the fullness of time, O honored Lady.
He underwent no mingling, no change, no division,
but preserved the fullness of each nature.
Entreat Him, O Lady and Virgin, and Mother,
to save the souls of those who, in the Orthodox manner, confess you //
to be the Theotokos.

Aposticha

Tone 3 *(for the Resurrection)*

The sun was darkened by Your Passion, O Christ,
but all creation was enlightened by the light of Your Resurrection. //
Accept our evening song, O Lover of mankind!

(Then the Paschal Stichera with their verses)

(USE THE RESURRECTION MATINS BOOK FOR THE MUSIC)

*Priest: Let God arise, and let His enemies be scattered, and let those who hate Him
flee from before His face!*

Today, the sacred Pascha is revealed to us:
holy and new Pascha,
the mystical Pascha,
the Pascha Which is Christ the Redeemer,
spotless Pascha,
the great Pascha,
the Pascha of the faithful,
the Pascha Which is the key to the gates of Paradise, //
the Pascha Which sanctifies all the faithful.

Priest: As smoke vanishes, so let them vanish; as wax melts before a fire!

O women,
be the heralds of good news,
and tell what you saw,
tell of the vision and say to Zion,
accept the good news of joy from us;
news that Christ has Risen.
Exult and celebrate,
and rejoice O Jerusalem,
seeing Christ the King coming from the tomb //
like a Bridegroom.

*Priest: So let the wicked perish at the presence of God, and let the righteous ones
rejoice!*

The myrrh-bearing women
arrived just before dawn at the tomb of the Life-giver,
and found an angel seated upon the stone,
who spoke these words to them:
“Why do you seek the living among the dead?
Why do you mourn the incorruptible among those subject to decay? //
Go announce the good news to His disciples.”

Priest: This is the day that the Lord has made, let us rejoice and be glad in it!

Pascha delightful,
Pascha of the Lord,
Pascha,
most honored Pascha
now dawned on us.
It is the Pascha!
Therefore let us joyfully embrace one another,
O Pascha save us from sorrow,
for today Christ has shown forth from the tomb,
as from a bridal chamber
and filled the women with joy by saying: //
“Announce the good news to My Apostles!”

Glory to the Father, and to the Son, and to the Holy Spirit.

Tone 8 *(from the Pentecostarion)*

Solomon’s porch was filled with the sick.
In the middle of the feast,
Christ found a man who had been paralyzed for thirty-eight years.
He shouted to him in a commanding voice:
“Do you want to be healed?”
The sick man replied: “Lord, when the water is stirred, I have no man to
lower me into the pool.”
The Lord said to him:
“Pick up your bed!
Now that you are healed, see that you sin no more!”
Show to us Your great mercy, O Lord, //
through the prayers of the Theotokos!

(Then the final hymn of the Paschal Stichera:)

Priest: Now and ever, and forever. Amen.

This is the Resurrection Day,
Let us be enlightened by this feast,
and let us embrace one another,
Let us call “brothers” even those who hate us,
and in the Resurrection, //
forgive everything and let us sing:

“Christ is risen, from the dead,
trampling down death by death,
and to those in the tombs, bestowing life.” *(once)*

(at Great Vespers)

Tone 3 Resurrectional Troparion *(blue pew book – p. 87)*

Let the heavens rejoice,
and let the earth be glad!
For the Lord has shown strength with His arm,
trampling down death by death. He has become the first-born of the
dead.
He has delivered us from the depths of the realm of death, //
and has given great mercy to the world.

*Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.*

Tone 3 Resurrectional Dismissal Theotokion *(blue pew book – p. 88)*

O Virgin Birth-giver of God,
Mediatrice of the salvation of the human race,
we sing to you a song of praise,
for in the flesh He received from you,
your Son Christ our God suffered the pains of crucifixion,
in order to save us from corruption, //
for He is the Lover of Mankind.